



# ENUTRAIN®

The easy way of waking up in time



Here is my new wake-up trainer Enutrain! With it, I will soon be able to wake up in a dry bed. We will immediately test how the device works.

First we learn how to switch the receiver on and off. We press the black button for 1/2 second. The receiver flashes green twice and beeps twice.

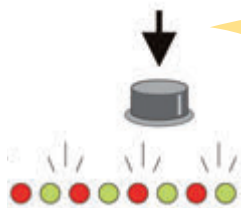


If it flashes green quickly and consecutively the receiver is ready to receive! To switch off, we press the button for 1 second until it lights up red. The receiver beeps once and switches off.

We now switch the device on again and check the radio transmission between sender and receiver. We moisten our finger and run it over the sensor side.

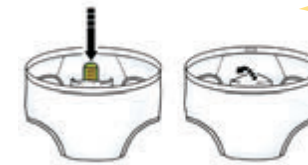


The receiver starts to beep and the sensor to flash. We switch the receiver off and dry the sensor. We now check the radio connection between the receiver next to Mummy's bed and the sensor in the child's room.



To change the alarm setting, I press the button until it alternately lights up red/green. If I then press it once, the receiver only alerts me with a vibration. If I press it twice, it beeps and vibrates. If I press it three times, it only beeps (like it did before).

## Time to go to bed!



We then put the sensor in the pocket of the underpants. Please note: There is a fold in the material. We have to place it over the sensor so that it cannot slip out.

I now simply pull on the underpants. The sensor at the front in the pocket feels very normal and does not bother me at all!



Mummy puts me to bed as usual and checks that everything is OK.



So that Mummy can help me in the first few weeks to get up at night, she places the receiver next to her bed and switches it on.



Mummy and I can sleep well. My Enutrain ensures that I am woken up in time.

## In the night



The alarm clock rings. Mummy now has to get up quickly and wake me up.



In the bathroom, Mummy ensures that the sensor does not fall into the toilet. If I am lucky, I can empty all of my bladder contents into the toilet. But it is not the end of the world if not everything goes perfectly at the start.

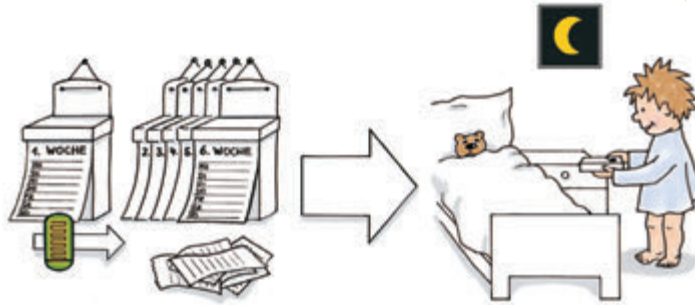


When we have finished we rinse the sensor out under running water and dry it carefully with a cloth. As soon as the sensor is dry enough it stops flashing.



We put the sensor back in a dry pair of underpants again. Sometimes I have to go to the toilet several times a night.

My Mummy notices that I wake up by myself after a few weeks when the alarm clock beeps and she then comes to my bed. The receiver can now be placed in my bedroom.



That is the best thing of all! I don't need any help any more. I can do it all by myself!



I will soon be able to do this too: Wake up in the morning in a dry bed. I now just have to practice for a few weeks with my wake-up trainer. The time will go by very quickly.



My alarm clock which stops me wetting the bed is great! Simply ingenious!



And no matter what questions I still have, Mummy can phone Procon or send them an e-mail at any time.

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